

Le Moulin de Lecq

Tel. (01534) 482818

Le Moulin de Lecq was one of the many ancient water mills of the island and retains the name it bore over 600 years ago.



Formerly a fuller's mill, with parts of the mill dating back to the 12th century, Le Moulin de Lecq is a historic landmark featuring the largest water wheel on the Island. The Germans later requisitioned the wheel to generate power for their search light batteries throughout the war years until the liberation.

In April 1955 the mill was granted a license, and it was decided to convert it into an "inn" of unusual character. The outside water wheel weighs 18 tons and has a diameter of 21 feet and works entirely by the weight of water as it did hundreds of years ago. Since then, the property has been run as a genuine free house serving an extensive range of real ales, wines and beers.

A newly built restaurant now adjoins the old mill inn which has been designed in a sympathetic way to blend in with the original stone and masonry craftsmanship. Le Moulin de Lecq prides itself on its informal atmosphere and hopes to provide a welcome and relaxing change to the hustle and bustle of St. Helier.

Starters & Light Bites

(V) Hot Breaded Brie on Waldorf Salad served with a cranberry sauce	£4.65
Homemade Soup of the day served with French bread	£3.95
(V) Crispy Garlic Bread (please add 50p for cheese topping)	£2.75
Atlantic Prawn Cocktail served with Mary Rose sauce cucumber and brown bread	£4.50
(V) Giant Field Mushroom filled with spinach, garlic, pine nuts and a white wine sauce topped with melted cheese	£4.80
(V) Aubergine, mozzarella, roast red pepper and fresh olive paste roll	£4.95
Pork and Chicken Terrine wrapped in streaky bacon and served with homemade onion marmalade	£5.25
Steamed Moule a la Crème served with French Bread	£5.50
Salmon Roulade with a cucumber and mint yoghurt	£4.45

The Sandwich Selection – (Available Lunch Only)

Country Steamed Ham	£4.80
(V) Grated Cheddar and Onion	£4.25
Chicken and Mayonnaise	£4.95
Prawns drizzled in a Mary Rose sauce	£4.95
Tuna, Onion and Mayonnaise	£4.75
Moulin Club Sandwich – Chicken, Mayonnaise, Bacon, Cucumber and Tomato	£6.25

(All sandwiches are served on fresh thick sliced white or brown bread with hand baked crisps)

Summer Salads

Traditional Nicoise Salad drizzled with French Dressing	£8.95
Roast Cajun Chicken Caesar Salad and parmesan shaving	£8.25
(V) Vegetable Salad with a vinaigrette dressing	£7.25
Shredded Confit of Duck Salad served with a sweet chilli salsa and parmesan shaving	£9.25

À la carte main course

Char grilled 8oz Fillet steak cooked to your liking, served with Dauphinoise potatoes or chips and your choice of pepper, garlic or mushroom sauce	£14.90
Homemade Salmon Fishcake served on a spicy vegetable salsa bed with chive mash potato, salad and Hollandaise sauce	£10.45
Creamy Smoked Haddock Risotto	£8.25
Escalope of Chicken with a tomato and pesto sauce served with sautéed vegetables and Dauphinoise potatoes	£10.75
Traditional Lamb Shank served on a bed of creamy mash potato and ratatouille	£9.85
Surf & Turf – Prime Rib-Eye steak cooked to your liking, topped with King Prawns and served with Dauphinoise potatoes, salad garnish and drizzled with garlic butter	£13.95
Fresh Seasonal Moules in a-la-crème sauce served with chips	£10.25

Wok and Stir Fry

Egg Fried Rice with peas and chicken marinated in garlic and sesame seed oil *	£4.95
Stir fried Egg Noodles with Beef, Vegetables and Oyster Sauce *	£6.95
Oriental Beef Skewers wrapped in Bacon and flame grilled	£7.50
Thai marinated chicken breast with oriental vegetables and coconut rice **	£7.45
Thai Marinated Tiger Prawns served with steamed rice **	£5.95
Duck Spring Rolls served with sweet chilli sauce	£4.25
Sweet and Sour Chicken with steamed rice	£6.95
Stir Fried Vegetables	£4.95
Shanghai Chicken Strips served with sweet chilli and garlic mayonnaise	£5.25

Mild Spice *

Medium Spice **

Side Orders

Chips	£2.00	Side Salad	£2.00
Sautéed Vegetables	£2.00	Dauphinoise potatoes	£2.50
Coleslaw	£1.50	French Bread with Jersey butter	£1.20

Traditional Pub Favourites

Moulin's Homemade 100% Beef Burger served with chips and salad garnish (please add 40p for cheese or bacon)	£7.95
Honey Roasted Baby Back Ribs with a ranch style hickory BBQ sauce served with chips and salad garnish	£9.75
Cumberland Sausage Ring served with creamy mash potato and onion gravy	£8.95
Classic Homemade Meaty Lasagne served with chips and two slices of garlic bread	£8.50
Homemade Chicken Curry (medium) with steamed rice and poppadoms	£9.25
(V) Tagliatelle Neapolitana tossed in a tomato, mushroom, onion and white wine sauce served with garlic bread	£8.50
(V) Homemade Vegetable Curry served with steamed rice and poppadoms	£8.50
Breaded Scampi served chips and peas	£8.25
Beer Battered Cod served with chips and mushy peas	£8.95

Dessert

(With the exception of ice cream all our desserts are home made)

Fresh Seasonal Fruit Salad	£4.85
Raspberry Crème Brûlée	£4.85
Chocolate Mousse and vanilla ice cream drizzled with a coffee bean sauce	£4.95
Apricot and Walnut Cheesecake	£4.95
Moulin Bread and Butter Pudding	£4.95
Selection of Jersey Ice Creams	£3.95

Please ask a member of staff for extra toppings on your dessert!

(A 10% service charge will be added to tables of 10 persons or more. Please note all tips are shared between the kitchen and waiting staff)

❧ Thank You ❧

LITTLE ANIMAL KIDDIES CORNER



MAINS:



HISSING SID THE SNAKE'S SCAMPI	£3.95
CHEEKY CHIMPS CHICKEN NUGGETS	£3.95
FAT FREDDY THE FROG'S FISH FINGERS	£3.95
LAZY LARRY THE LIZARD'S LASAGNE	£3.95
BIG BARRY THE BABOON'S BEEFY BURGER	£3.95

(ALL SERVED WITH CHIPS AND A CHOICE OF BAKED BEANS OR PEAS)



DESSERTS:

SELECTION OF JERSEY ICE CREAMS WITH RASPBERRY OR CHOCOLATE SAUCE	 £1.95
SMALL HOMEMADE BREAD AND BUTTER PUDDING	 £1.95

(PLEASE ASK A MEMBER OF STAFF FOR AVAILABILITY OF 1/2 PORTIONS OF OTHER MENU ITEMS)

